



Sew

Cooking with Ken® - Chef Apron

You need a piece of woven fabric about 7" X 18" (fat quarters work well and if buying fabric off a bolt ask for one quarter yard of fabric)

I used a bottom weight twill fabric but you can use Trigger or a light to mid weight cotton fabric. I used the traditional white but you can make the apron and hat in any print or color you want as well. In addition to the fabric you will need matching thread and about 24" of ¼ inch wide Grosgrain ribbon (Don't panic... it is the ribbon with the ribs in it, not the shiny kind.) The 1/4" grosgrain ribbon works best but you can see in some of my

samples I used some printed ribbon that is satin and slightly wider. Look for narrow ribbons in fun prints and colors in the scrapbooking section of your craft store. Some of those come with peel and stick adhesive. I usually pull it off so I can sew through it.

Cut out pattern for the apron following the grain markings. (Grain is the straight weave of the fabric.) Save the rest of the fabric for our next edition when we will learn how to make the chef hat!

To sew your apron: Lie the cut out fabric piece on the ironing board with the wrong side up.



Fold down the top of the apron about 1/8 inch and press. (If you don't have an iron you can finger press or you can even run a loose stitching line across or pin it) Do the same to the apron sides and hem (bottom edge). Fold each of these sides over one more time, about a scant 1/4 inch and stitch across.



You can hand stitch or machine stitch. I would do the top edge first, sides next and hem last to make it all look nice and uniform. (I stitched with contrasting thread so you can see the stitching easier)



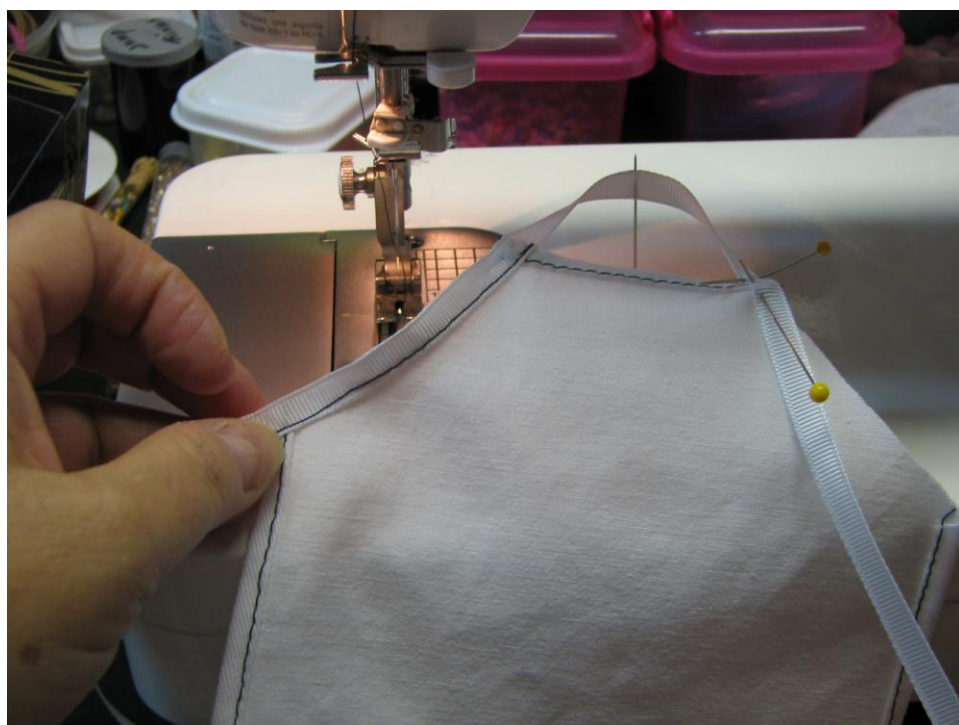
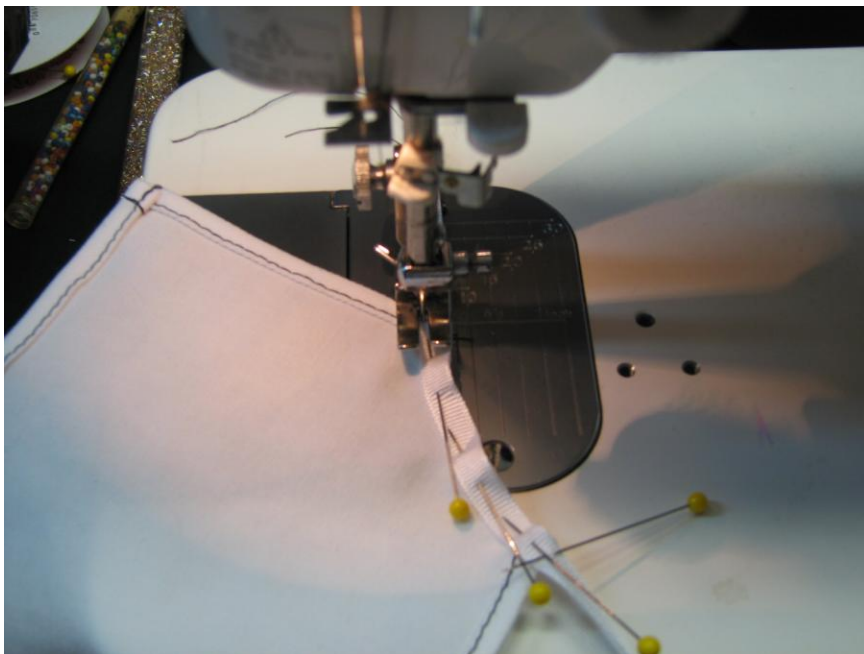
Next take your piece of ribbon and fold it in half and mark the center with a pin. Measure about 1 and ½ inches from the center on each side of the pin and mark those two spots with pins as well. This will be the neck strap for the apron. (You may want to check it on your actual doll before stitching both sides to make sure it will fit over his head, as this is an average or guideline for a Ken® doll)

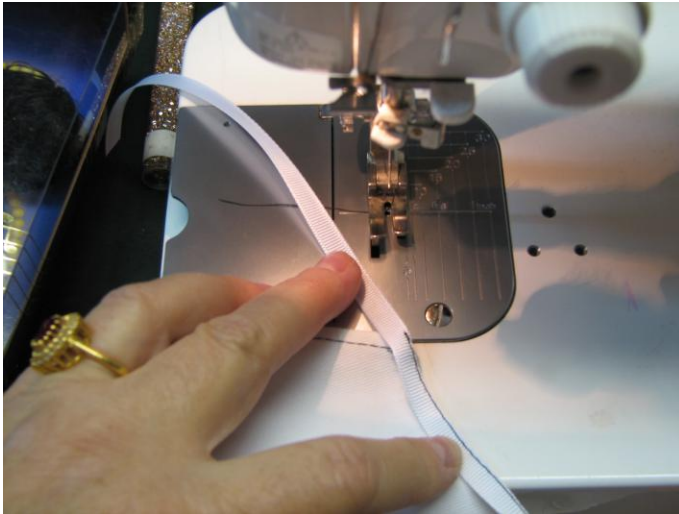
Lie your apron right side down on a flat surface and place the pinned spot on your ribbon at the top neck edge of your apron matching the slightly curved unhemmed sides with the long edge of the ribbon as shown. Pin in place.



Stitch along the long edge of the ribbon closest to the apron fabric (not the edge side) Do the same with the other side, making sure your neck strap is not twisted. (If using decorative ribbon with wording or a one way pattern, be sure you have the ribbon positioned so it comes out right when the ribbon is folded over and finished)

Turn the apron over so the right side is up. Fold the ribbon toward the right side along the line you just sewed.



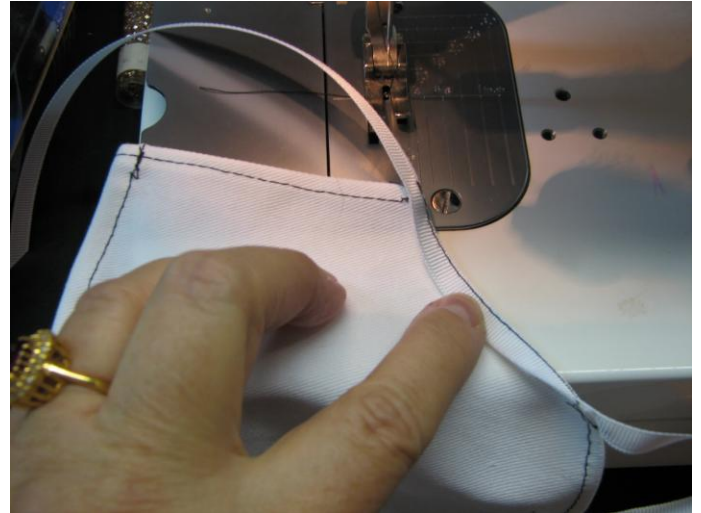


Stitch the other edge to the fabric as you did before. I like to press everything to make it look professional. Even if your stitching is not perfect, your finished apron will look better if it is pressed. Trim the ends of the ribbon as you desire. Make sure you leave enough to tie around Ken®'s waist. It takes more than you think so check it out before cutting.

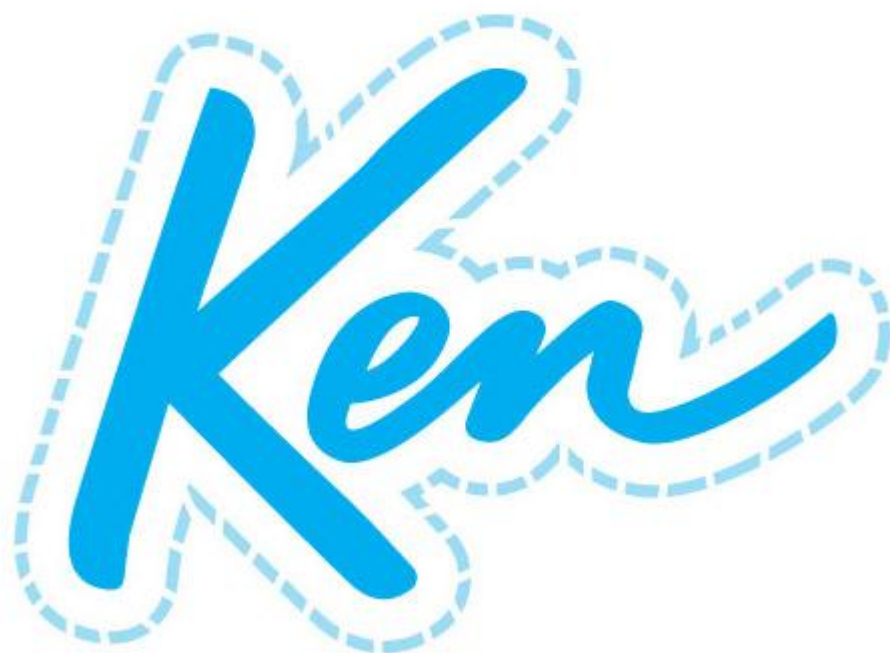
If you want to put the Cooking with Ken® Logo on your apron, do so following the manufacturer's instructions on the iron on transfers you have chosen (even though I used white fabric, I used a dark transfer so I didn't have to invert the logo!)

Here are the finished aprons I made. Next edition we will make the Chef Hat to complete your set!

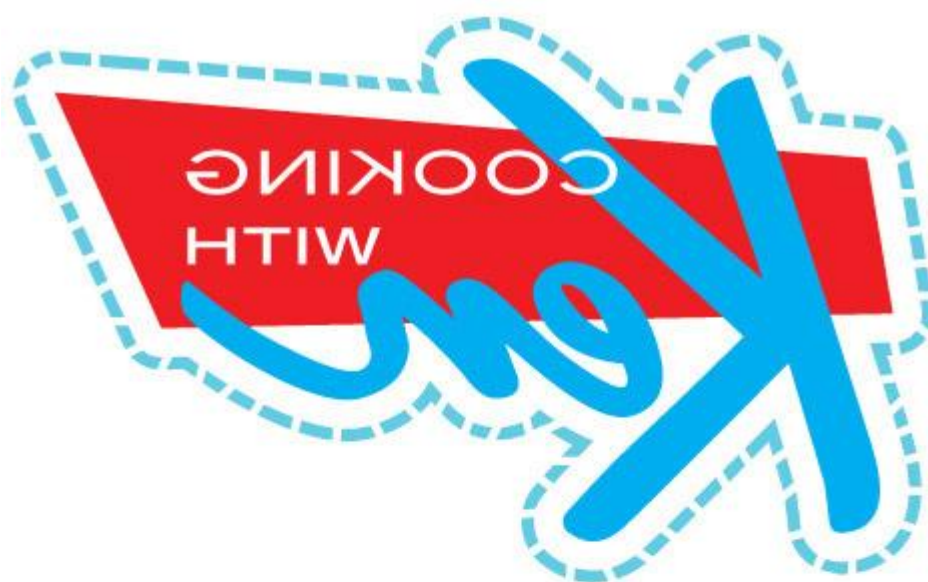
Happy Sewing!







cut just inside
dotted line



cut just inside
dotted line

Black lines are for Ken® Apron. The orange lines show the version sized to fit Barbie®. Assembly instructions are the same for both aprons.

The pattern is 6.75" width by 6.25" high.

